

# Tuning Forks

28 January 2021

A reader sends interesting questions, of possible interest to others. Voilà....

*Q: I recently bought tuning forks, dabbling in use for myself to smooth out my energy field, or bio field. I don't quite understand how this all works, I simply enjoy using them. I imagine or trust my energetic field is benefiting.*

C: As you know well from us and other sources also, your imagination is the power of your mind, the most potent thing you possess. It is the essence and basis of everything of, about, to and from you.

Thus to say you imagine your energy field is receiving a benefit means you are directing to & towards yourself a benefit and it does work, it functions and it produces a beneficial effect. You already know this, however you question the mechanism.

We shall explain it, but we regret to inform you of the simplicity of how it operates. It is a great human custom to assume complication lies behind the curtain of the unknown. Is not the headache inducing mechanism inside a hand assembled chronometer fascinating, frightful and confusing, all at once? No such thrill applies here, we say.

The degree of the benefit inures to you in precise and direct proportion to your belief, confidence and faith in the forks and the process.

Your soul vibrates, it is energy. It emits color, humans have named this the aura. Around the eclipsed central star, this is named a corona, a crown.

Your body is not the ideal material for dispatch, transmission or outward direction of your soul's energy, although it does this, most certainly.

The forks are far better; they will conduct electricity better; the matched sizes and design allows them to vibrate in tune with sound waves. The combination of these energies —sound and electricity—working together. What electricity you might ask? The magnetism of your soul. About a magnetic personality you have heard, yes?

What do the forks send? What they attract. You are smoothing out your energy field, in other words, you are lifting it overall, reducing the peaks and valleys of vibrational variations. Were you to display this effect on an oscilloscope, you would see a far smoother line across the screen with use of the forks, compared to without.

All humans are surrounded by all energies and draw or repel according to emissions. If you choose to ingest a drug such as heroin, heroin itself and people with it, using it will be drawn closer. If the substance is left in your pocket, not much will happen. Upon connection to your body and energy field, the mixture will activate the frequencies which attract.

To carry a firearm for defense will not draw gunfire. To however hold this tool in the hand, display it with intent of use will likewise activate similar energy and attract guns and use of them to you.

This process works for all energy and situations, whether it is deemed positive or otherwise by human standards, judgement and preference. Returning anger when offered to you, begets more.

Returning love when given to you, also the same. Is not the best sexual experience when it is this way also for others sharing the pleasure? The examples expand infinitely.

You are using these tools with desire, intent and preference for improvement, and simple it is to say, you are attracting it. Well done.

*Q: I've also been participating in long-distance tuning sessions, via the Zoom application on a computer. Apart from deliberately focusing my attention on relaxing my body consciousness for one hour, what other benefits am I deriving from these types of sessions with the tuning forks?*

C: Improved health, specifically this builds within your body a better resistance to discomfort and disease. Sickness, pain, anxiety, stress, indigestion, annoyance, anger, insomnia, irritation and anything related are reduced, or blocked. Your resistance to infection is increased. If you are not infected or unwell now, and already have good resistance—we say personally that you do, as your own guides have informed us you are well and healthy—then these improvements will not be obviously noted. Nevertheless, they exist as solidly as does the finger upon your hand.

Distance is not a factor, connection and belief are what matter. You have heard of Reiki, yes? As we have before explained, Reiki also can cross great distance upon Earth and deliver benefit to the intended target.

We regret to inform anyone so inclined, that harm and hurt are impossible to send by tuning fork, Reiki or courier pigeon.

*Q: Is there a best method to utilize the tuning forks - in person or long distance or both?*

C: No.

*Q: What other suggestions do you have for me regarding the tuning forks at this time?*

C: Keep going and smiling.