

Physical, Bowel & Mental Movement

06 January 2023

A reader asks a great question, touched on before but good for a re-visit. The question:

How do things move in our physical world? A force is exerted at an object, by physical leverage (i.e. a touch or a push), magnetism, etc. Interesting that the [Committee] mentioned another method: by thought. Not sure how thought is actually translated into physical movement, though.

Q: *Esteemed Committee, the question is clear; how?*

C: Molecular push is the way we would describe it.

Q: *Searching for cool quotes for the Front Page, I ran across one from Einstein where he said, if something cannot be explained to a six-year-old, it means the explainer doesn't understand it. I'm going to try Einstein's Theory of Relativity on the next six-year-old whose parents will let me. Can The Committee give us the explanation for movement suitable for a six-year-old?*

C: Yes. Movement is a new position.

Q: *Let's try an eight-year-old.*

C: Movement is a new position for something after it is pushed there.

Q: *Ten years of age?*

C: Movement and position change with energy, the essence of existence.

Q: *Okay, a twelve-year-old...*

C: Things move because the energy inside them changes.

Q: *Fourteen...*

C: Inside or internal energy can be controlled from the outside.

Q: *Sixteen?*

C: All physical movement caused by humans on Earth, uses the same forces and power to do it, as does Mother Nature when no humans are involved.

Q: *18...*

C: Physical movement is the result of what starts with mental movement.

Q: *Twenty years of age?*

C: Humans cannot move things without moving your mind, nor can we.

Q: *Okay, we've crossed the adulthood threshold, let's have some complication. How do we*

move our minds before we move things?

C: All humans know their thoughts. Humans can move their bodies voluntarily in many ways and use thoughts to do it. Another person cannot move your leg for you with just thought, only ask. S/he must use thought to ask; then you hear, then you understand, then decide if you will decline or meet the request. All these steps are thought, until the leg moves.

The first physical part of moving the leg is the electrical signal sent from the brain to the muscle(s) involved.

The electrical signal must be generated. Humans understand generation of electricity in several ways, with either magnetism or chemicals. Human thought gathers the energy which both causes the pieces of an atom to remain in position and function, and holds atoms together to form molecules.

Thoughts are the essence of your soul's existence. Thoughts are the most powerful force in the universe; all things flow from this force. All existence, all objects and all movement of anything which exists, occurs because of the direction of this force.

Q: This most powerful force, what causes it?

C: It is not caused, it is. All things are created from it, by movement.

Q: Let's start with light, sent in photons which we are told are bits of electromagnetic energy. Well, electromagnetic energy is also radio waves, which obviously we can't see. What is light and how does it move?

C: Souls can see light humans cannot, because the soul is light. The human body is a filter used to limit energy, for the purposes of human life. All living things on Earth are filters.

Light is the effect of clumps of energy the soul sends out. The energy is gathered together first, and the sending soul decides its color with thought. The energy is immediately connected to all souls who want to connect.

Delays are called dimensions. The later the light is seen means the farther away the dimension.

Q: How do we use this to move things on Earth?

C: When light touches anything physical, the object reached becomes warmer. The warmth is the increase in rate of vibration of the pieces and parts of the atoms then the molecules which make up the object.

When an object is moved, another object or material must push on its molecules. This can be the outside of the molecules, such as your human hand on the doorknob, or it can be the light energy from the soul reaching the atoms.

This way, light energy reaching the atoms, is the way we energetic beings in Heaven move

physical things humans have.

Q: Can humans do this?

C: Yes, of course but most humans restrict this ability. The limitation or removal of the ability allows the human life plan to be carried out successfully.

Q: But we use our mental energy to move things also.

C: Yes, first your body then something your body touches. The energy which moves your body, which generates the electricity to send the signal through humans' nerves, the body's wires, to the muscles, this is the same energy which can push electrons, protons or neutrons.

Q: What if there is no human? What makes the wind blow, water flow or things go slow?

C: Mostly these things happen because of the energy inside the objects or materials involved moves them to reach other things, but mental energy is also effective, if using it would not be interference with the human life.

Q: We could make the wind blow if we wanted?

C: Yes, if enough humans concentrated their mental energy. This cannot happen without belief, however. If humans do not believe it can be done, it will not work. The humans won't gather their mental energy until they believe it will work.

Q: What if a whole bunch of people gathered together, even if they disbelieved the process would work, but stood in a big circle anyway, held hands and imagined the wind blowing hard around them, would it happen even if they doubted it?

C: Yes, it would if the people used their imaginations to envision the wind blowing at that moment in the place they are now located. Even if they did not believe it would work, if they all imagined the wind blowing in a certain direction at a certain speed around, near and over them, it would blow. Then they would believe it and do it more often. These people would not be able to alter their life contract this way, not without meeting during their sleep to review and consider amendments.

Q: But typically, humans use the body to move things?

C: Yes, or to make tools and devices, which can be controlled with small body movements to use the device to move larger things.

Q: Ocean currents, winds aloft, earthquakes, volcanoes and all such big Earth movements humans obviously cannot control, what causes their movements if no mental energy is used?

C: Mental energy is used for this, and each physical function of planet Earth is overseen by a special group of entities who carry out these functions. Much the same as humans who have guardian angel guides, the Earth and all planets also have them.

Q: Thank you Esteemed Committee, I hope we get more reader questions on this subject.