

# Manifestation

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We're talking about making physical objects or material appear from thin air (or even thick air). First, the dictionary definitions: **man·i·fes·ta·tion** [manəfə'stāSH(ə)n, manə,fes'tāSH(ə)n]

- an event, action or object that clearly shows or embodies something, especially a theory or an abstract idea
- a symptom or sign of an ailment
- a version or incarnation of something or someone
- an appearance of a ghost or spirit

These definitions hint at the answers I suspect.

Recent reader questions, such as about manifesting cash, asked:

*RQ1: How long does it take an HCP to learn how to do this?*

C: This varies from as little as several weeks to months, where and if the ability is ever developed. The essential ingredient is belief, certainty of outcome. Few humans believe it is possible to make anything exist physically within the detection capability of human senses, be it force of will or mental desires, wants & requests. To establish belief, the process is demonstrated to the disbeliever by someone capable and convinced. As the senses are triggered, the observer student begins to develop belief in the process.

*RQ2: Do [HCPs] have past life memory recall and previous skills are brought to the current lifetime?*

C: From the position of the soul, no lifetime or incarnation is in the past or in the future. This is important to mention as a preface to our answer, because the use of the human English word "recall" suggest fade over time. No, the humans who become hidden controlling powers among you cannot recall memories from other life incarnations aboard Earth in a generally superior way. They have no skills unique to their lot. Many humans can learn to do what HCPs teach one another.

*RQ3: Do they live longer than an average human, and if so, how long?*

C: Their lifespans are the similar to human averages.

*RQ4: How does one manifest physical things out of thin air? I thought that was reserved for Heaven.*

C: Yes, however Heaven surrounds you, surrounds us and surrounds all souls, incarnated or otherwise. As a human, you are well inside the borders of the reservation, plantation and ranches of Heaven.

The first step to making a physical object or substance enter the physical perception range of a human, is to convince the human the process is possible. Uncertainty will prevent it.

For humans, as we explained, this often involves displaying the process to the doubtful, skeptical or unsure person.

Once the student begins to believe it is possible, then s/he can begin to learn the steps of the process.

The first step is to observe it happen. The student can ask the instructor master to create certain things, then observe their creation. This only has to occur several times before belief begins to form.

The next step is to explain the science to the student. Essentially the student will see the parallels and similarities between the power of mind and thought the student can already control, such as moving limbs, and the creation of an object the student knows did not exist already.

All physical action of a human body begins with thought, even involuntary movements. The signal from the brain must travel to the muscles. The signal is generated by thought. The student will learn to send the mind power, the thought to the atoms and molecules within her or his vicinity, to re-arrange them into the object s/he wants, Repetition plus belief mixed with desire will achieve results.

The next step involves having the now intermediate level student manifest things s/he wants, not just simple objects chosen by the instructor master.

The desire will add more mental power to the process, which shall enable manifestation of larger objects. Several people who have mastered the process, working together, can create things larger than can just one.

This is reiki, where the result becomes a physical object.

*Q: Thank you.*

*C: You are welcome as always.*