

Fear Danger

10 February 2021

Verb Noun.

Q: Esteemed Committee, I recently heard this comparison, it seemed interesting and so I'd like to ask about the differences, if I might.

C: Of course, please do.

Q: I understand fear as concern, worry, fright caused by uncertainty; becoming scared of what could happen but has not yet. Danger is risk of harm, injury, damage and loss. Can you explain the difference(s) in humans?

C: Danger is perceived, fear is self-generated.

Q: If we see a growling, menacing tiger charge at us—which won't be a long look, given the speed of a big cat—most of us would become instantly terrified. Whoever escaped would fear tigers forever, if not already. Danger creates fear.

C: No, this is your choice. Danger creates knowledge and awareness, and presents the opportunity to understand, analyze, prepare, avoid, reduce and react. How and what any human chooses among the short list we have given is the beauty of your life and your incarnation. Doing the five things we suggested first will greatly influence your chosen reaction. You may avoid tiger lands, carry tools to scare off, repel or eliminate the tiger or discover a way to please them. We assure you, most tigers would slow, even stop an attack if the target suddenly offered food.

Q: Danger also causes death, injury and damage.

C: Life plans contains it for those purposes.

Q: I suspect most risk or danger humans avoid is when we're aware of it.

C: This is accurate.

Q: We fear it and deflect.

C: You learn to fear it, little of this reaction is instinct although this operates strongly. This is our role in most cases.

Q: When a crawling baby or even animal avoids a cliff, this a GAG stepping in?

C: Quite often, and it the majority of the time. The notion of instinct is greatly overestimated by humans.

Q: What happens to the crazy teenager driving a car, hanging off a crowded moving train or jumping skateboards across staircase railings?

C: Free will. This person has learned and still needs to, as part of her or his life. Far fewer seemingly accidental events happen than what humans believe. Many such occurrences are life plan events.

Q: If we were more aware that some of us do these things as a contract item to be ticked off the list, would we do less of them?

C: Certainly, but the many such items are unwittingly done; you specifically design into your life plan contract both the event and unawareness of its approach.

Q: What purpose then does fear serve? Why do we choose it, consciously?

C: Why does any human choose jealous rage, anger, joy or criticism? The complex array of human emotions, actions and reactions is psychology and psychiatry well studied. Fear is but another learned response.

We wish to point out abject fear of sudden, impending danger. This is distinct, yet can also be learned behavior. The animal which freezes in place when suddenly approached in the darkness by a motor vehicle, seemingly blinded by the oncoming lights, this is not the same thing. Often these moments are life contract events, or can be the consequence of learned timidity, programmed submission gathered through the formative years of life.

Q: The fainting, frail female who crumbles and cowers nearly instantly when confronted by the armed robber?

C: This is an example, yes. Such behavior is largely and principally learned, not innate.

Q: What benefits or detriments do humans receive from fearful reaction to ongoing situations?

C: The immediate effect as humans know from observation, is behavior. Things are done which would not be in absence of the fear, or are done because of it. These decisions set in motion a series of events.

Q: I cannot say for more than 99.999% of mankind, because I have not observed them over the past year, but if extrapolation of the 0.00001% is meaningful, it means a fair portion of humanity now lives with fear it did not choose before the corona China virus covid19 matter, but has now embraced. I am reluctant to say epidemic or even pandemic, because the USA alone had more than 60,000 influenza deaths a few years ago in just one winter, and nobody used the word pan- or epidemic. The H1N1 influenza virus killed a coworker of mine who exposed me without a doubt (2009) but the national emergency declared by President Obama resulted in no general restrictions or commands.

Nevertheless, I have twice been assaulted verbally while outside in the sunshine dozens of meters away from other people, for not masking up! These attacks are driven by fear, not fact. Who benefits from this?

C: Government and their masters. Your friends in name only, the HCPs.

Q: If the steady beat of death and case counts, plus the extracted stories of anyone passing away, were not so prominently displayed in the news, what would happen?

C: Several things, all positive. More humans would go outside, get more exercise and expose more skin to sunlight, and improve the immune system function. This would increase resistance to developing a clinical infection, lessen the symptoms in a person becoming ill to any noticeable degree and shorten the duration of both symptoms and contagious period.

The absence of negative effect information would lessen worry, concern and overall fear.

Death is guaranteed, unless any human can demonstrate where a human body has lived forever. Because of this it cannot be unnatural, problematic, painful or distressing unless this view is chosen.

The intentional effect of constant discussion of death at the moment from this virus, is to control the human population.

Q: How can someone afraid of getting sick, remove fear from their perception?

C: Such person must consider s/he has been trained to react this way. An old example we now offer, that we have used many a moon ago here, which some readers might recall:

Wave the point of a sharp hunting knife at a puppy, a six month young human baby or a friendly dog who has never seen such tool. The reaction will be vastly different from nearly any adolescent human, who along the way to becoming one, will have learned.

The fear of death from any disease is what should be considered now. Have the reaction and the responses now being reported with regularity, including commands under threat of penalty and sanction, occurred in the recent memory of anyone now reading these words?

Q: What is the mental energy effect of fear? What happens to humans in practice, in our daily lives, when fear becomes a chosen, ongoing emotion?

C: Fear will beget its justification. You shall always receive more of that which receives your attention, in precise and direct proportion to the total attention given to all things against the attention of that amount given to the one thing.

As the ranking changes, the upper recipient things will manifest.

Q: If we give equivalent attention to ten things, 10% of our attention energy for each item...

C: This is impossible.

Q: OK, then what is possible?

C: It will vary, the material effect will occur over several days or a week, often longer. As something rises up the list it is far more likely to become reality. If much attention is given to hunger, the human hunger thinker will always want more food.

It is a self-defeating cycle, because fear given to something draws it closer. The human body requires food and water to survive, but if sufficient survival food is received even if insufficient amounts for ideal body and mental function, this will cause the condition to continue.

Q: The hungry person can think food and satisfaction and just get it?

C: Yes! This can happen the same day the hunger thoughts are discarded, but a very hungry to starving person will have great difficulty achieving this, but if s/he can do it, it will work.

You humans are part of a collective, just as we are because.....We. Are. You. You. Are. Us. You can observe and assist, and this can strongly break the cycle of hunger and thoughts given to hunger by the hungry human.

Q: Or thoughts of rejection and unattractiveness.

C: Yes and more easily changed.

Q: Thinking about getting sick from the corona virus will...

C: Greatly increase your chances of getting sick from the corona virus. Full. Stop.

Q: Do we need to stop thinking about anything bad? Job loss, car wreck, bad weather or bad government?

C: No, de-emphasize the negative thing you dislike, fear or loathe. This will drop it farther down the list of things which receive your attention. If the thing comes to you, it will come in far lower amounts, with reduced to sometimes almost imperceptible effects.

Q: What techniques or methods do y'all recommend for changing mental attention?

C: Diversion and distraction. Visual effect. List your interests or attractions, anything about which you enjoy knowing, seeing, hearing or learning. Create a list of such things; such as jewelry, being a chef, automobiles, fashion, horticulture. The list is nearly endless.

After you have created your list, then rank each one.

Find a way to observe videos, read books, observe the activity live or to discuss the topic, what you might call a hobby, with other interested people.

Your life will contain things which receive your attention anyway, which need no emphasis from you to be included in the spectrum of mental energy. Pets, children, eating, laundry, work and household expenses are just a few of many examples.

Two things will occur as you focus on the hobbies and pleasant interests you have, whatever they might be: these things will rise in the ranking of mental energy targets and gain strength, and also your attention placed on the "necessary" required processes will be more positive. The bad credit card company will no longer be seen as just taking improper, incompetent or negligent advantage, you will also see the benefit you derived from having the credit card in the first place, before a dispute or disagreement came about which now leads you to see them as bad. This rotated perspective will turn the matter more positive for you, and this will bring a good resolution closer.

Q: What about the ongoing virus issue?

C: Do not be afraid of sickness, vaccines, your fellow human or of life.

Q: Thank you Esteemed Committee.

C: Our enjoyment to be asked once again, our thanks returned to all readers. You help us.