

# Bullying

30 November 2020

bul·ly<sup>1</sup>  
/'boolē/

*verb*

gerund or present participle: **bullying**

1. seek to harm, intimidate, or coerce (*someone perceived as vulnerable*)

"her 11- year-old son has been constantly bullied at school"

An occurrence as old as the hills, it happens between children, adults and everyone in between, everywhere on Earth. It:

- Has probably been discussed just as much as it happens
- Is considered bad, except by bullies themselves when doing it.
- Continues to happen
- Probably will be always, until....

I recently saw an article about effects upon the targets which have carried into adult lives, both positive and negative. Positive adulthood effects derive from childhood bullying? This I want to understand. I turn to The Committee for perspective, y'all are welcome to ride along.

*Q: Esteemed Committee, was a time here ever on Earth when humans did not bully one another? If yes, when?*

*C: In the beginning of mankind's physical presence.*

*Q: Physical presence? Isn't that redundant?*

*C: No, not a bit. All of your souls visited and have, visit now and do visit Earth as and in the form of the energetic beings you naturally are. Time on Earth exists in a very real way, but only on Earth, it does not exist for your soul. Time does not exist off Earth. Other planets have a variation of it, for physical beings who might visit or inhabit the surface of a planet, if such visitors or inhabitants have need for measurement of cyclical light angle movement. Humans are an example.*

Thus your soul visits Earth before humans existed, if chosen.

*Q: Why didn't the first humanoids engage in bully-like behavior?*

*C: It served no purpose thus was not developed.*

*Q: What purpose was eventually served that developed bullying?*

*C: Survival. Your creators taught you survival without their protection, their oversight or their assistance. The behaviors required set the table for aggressive inter-species behavior.*

*Q: Just as we see in many species?*

*C: Yes, arising out of similar circumstances.*

*Q: Most humans do not bully one another.*

*C: Most humans also do not kill one another. Some do, an action also arising from the aggressive behavior required for survival.*

*Q: Humans no longer require aggression for survival, why does the behavior exist?*

C: Human do require aggression for survival, to a changed degree certainly when compared to a thousand centuries before now. The definition, criteria, parameters and general understanding of aggression are most different, but such behavior remains.

*Q: What human aggression requires survival?*

C: Today you call it dominance more commonly, when the aggressive behavior is considered ideal or beneficial. The production of food is a prime example. Consider a chicken coop. At a time on Earth, catching a chicken to then kill and eat it was difficult. It still can be, however the aggression required has been turned to domination.

Aggression has in many ways become behavioral, and survival in many areas of endeavor, especially employment, require mentally aggressive behaviors. Nothing is physical before it is mental, always after.

*Q: What benefit comes to a victim of bullying, once an adult?*

C: Understanding, compassion and acceptance.

*Q: What are the detriments?*

C: These need not wait until adulthood; fear.

*Q: That's it?*

C: Human fear is expressed in many ways, so it can seem complicated when the many aspects are examined, however it is simple. Once attacked, fear of repeat never fades completely.

*Q: Why do children bully another?*

C: Fear, covered up and reversed. The bully cannot face what truly motivates, so s/he must counterbalance the concealed emotion.

*Q: What happens if the "concealed" emotion is not counterbalanced?*

C: It rises to then breaks the surface of human behavior, often in ways deemed undesirable.

*Q: Why do groups of people bully one target?*

C: The followers are attracted to the leader, for validation and the sensation of strength a leader gives. The leader enjoys the attention thus support.

*Q: How can bullying be stopped?*

C: Two ways; the target must not deliver the return on effort the bully or bully group, initiates. The bully seeks to cause distress and derives a sense of power, strength and control from the ability to set off distress, fear and upset in targets.

*Q: It's natural to express distress and fear when being attacked.*

C: Yes, and it is also natural to flee or fight.

*Q: Not every target is going to be able to insert sufficient distance, or fight back effectively.*

C: Few do, and for this reason they are selected as targets. They will much more likely display distress, and are much less likely return it.

*Q: Can adults play a larger role in reducing bullying?*

C: Of course, they must pay attention then act. This occurs after acknowledgement it can or is already happening.

Q: *An American president once said "walk softly but carry a big stick." Meaning?*

C: Do not seek difficulty, be prepared for its arrival. The knowledge the stick is possessed, deters aggression. The stick's presence displays willingness to use it.

Q: *This approach —carry a gun, avoid a gunfight— is just something humans have to tolerate? Is it innate?*

C: No! It is a choice, a life plan selection which can be altered. The approach generally accepted or preferred, is the opposite from what shall work. Humans hope to be treated kindly by first being kind. Extending such wish for peace informs the aggressor recipient that a suitable target has been located, and the aggressor is more likely to act.

Bullying is managed through deterrence, not niceness.

Q: *What about cyber bullying?*

C: Very effective for the aggressor, because physical resistance is more limited.

Q: *Like school, a bullied student cannot easily escape, or maybe can't escape at all?*

C: The student bullied in a social media forum can simply disconnect. Once the bullying has begun, the target invites it each time the forum is visited.

Q: *Why do schoolteachers punish students for fighting? What about the defender?*

C: This idea is naïve arrogance, disguised as good intentions. Altruism of stupidity would be another way to describe it.

Q: *Shouldn't a student who fights in school be punished?*

C: Yes, by his or her target.

Q: *The idea is, fighting is not the answer.*

C: Self defense is.

Q: *What's the difference between fighting and defending oneself?*

C: A naïve observer's bias.

Q: *Doesn't bullying happen in Heaven?*

C: No.

Q: *Because?*

C: It offers no benefit.

Q: *So, we should instruct all children who are bullied to carry a stick and strike out at aggressors?*

C: Yes, if the aggressors become physical, and that includes a threat to be physical. The aggressor should learn to receive what s/he offers. Where the aggression is not physical, distance is the answer. This transfers the problem to the next target, for the bully will locate another and another until s/he receives a return dose. This is a concept of self-defense.

Q: *Many parents will balk at the idea children are taught self-defense.*

C: This is another way to invite aggression.

Q: *What about the bully him or herself? At what point do they stop and why?*

C: When no more benefit derives. They encounter a new way to manage the inadequacy, fear or sense of inferiority the bullying is intended to counterbalance and conceal. In other cases

the former bully comes to realize the effect of his or her treatment upon other people.

*Q: Is bullying often a life plan event or series of them?*

C: Yes, for all sides of the process.

*Q: But the bully/ies and victim(s) can change course?*

C: Yes, and often do. Yet the lessons learned from the bullying, as either victim or aggressor, are extremely valuable and for this reason it occurs, from the perspective of a life plan.

*Q: Can humans reasonably expect a future without it?*

C: No, but humans can easily achieve it. To reasonably expect is too passive a perspective, and will invite the opposite of its goal. Mankind is experiencing this now, with the misguided notion a nation should be led by a kinder, gentler person. The would-be leader competitor sees opportunity by offering a tender image, achieving power then exercising it in ways often unkind.

*Q: How do humans easily achieve it?*

C: Confront bullying. Parents of bullies deny then protect. Targets must return to the bully what is caused, or insert distance.

*Q: Adult bullies?*

C: Adult response, in kind.

*Q: This invokes the familiar expression, "two wrongs don't make it right."*

C: Standing up to, confronting and resisting a bully are not wrong.

*Q: I know some readers will struggle with the idea returned aggression will work and not simply lead to more aggression.*

C: The recipient of returned aggression —of self defense— will change course when confronted with what is not expected. The bully seeks distress, fear and worry. When the bully receives the opposite —confident, returned force— the bully will stop right there.

*Q: What about bullying in groups?*

C: As we mentioned, followers are attracted to the leader, seeking similar if diluted benefit from little individual, additional input.

*Q: How do bullying and hunting align?*

C: The species which hunts does not bully.

*Q: A human hunter?*

C: Will not be a bully. Such person is killing animals, and receives no return from extracting personal distress of another human.

*Q: Why do bullies or groups rarely attack another group?*

C: The chances for return aggression are higher, the likelihood of greater distress is much lower. The target group will immediately organize, reducing the bully's ability to introduce lack of control. Any group organizing, even as victims, displays cohesion. This is abhorrent to a bully, it is a very effective repellent.

*Q: Do other physical beings such as ourselves, around the galaxy, display bullying behavior?*

C: Yes, but not where interstellar space travel capacity exists. Among these civilizations, the

ones relevant to humans, no.

*Q: Relevant to humans?*

C: Earth residents are far from interstellar travel capability, which is conceptually similar to achievement of a black belt in a martial art or for self defense. The physical ability to effectively defend or harm, is reached before the mental plateau is scaled and dominated. Just as a gun does not pull its own trigger, or an arrow does not draw itself and release, harm to another civilization also requires an affirmative decision to do it. This decision can result from naïveté, and with humans it often has.

Human contact with a similar or lesser developed civilization of beings, given the current stage of mankind's development, would provide humans no value beyond thrilling entertainment. Harm is what would come to the other civilization, however well-intended humans might be.

Humans continue to display a preference for action, programs, schemes and procedures based almost entirely on high minded intentions, even where results are deficient, or outright horrible. Results are easily discarded if intentions are noble.

This would easily extend to contact with a civilization of equal or lesser social development compared to humans. Mankind will not achieve interstellar travel capability until mankind understands the effects of its presence upon the visited.

By this juncture, bullying will be long gone and nearly forgotten among you.

*Q: Is this why we humans are not more openly visited by Alien ETs?*

C: Yes. Humans are far from prepared to accept what visitors to and observers of Earth would cause.

*Q: A subject the ETs themselves have explained well. OK so returning to the Topic of the Day, bullying is the result of survival aggression and is exacerbated by displays of fear and distress from its targets.*

C: Yes.

*Q: Can't aggression be directed away from bullying?*

C: Of course, but many humans do not want to intervene.

*Q: Humans in charge of bullies or victims?*

C: Both. What parent forbids a child from using a computer when the cyber bullying is discovered? The children victims often conceal this from their parents or other adults, for fear of being blamed.

*Q: What about efforts to pass rules and laws?*

C: These feed the beast. The bully needs to be fed a stick across the face. Then he will behave. Observe animals, hunter and hunted alike, where this is obvious.

*Q: I remember being bullied as a kid, my younger brother also.*

C: You also remember what brought it to an abrupt halt.

*Q: How can humans improve in this area?*

C: Discuss it.

*Q: What do the interstellar Alien ET civilizations think when they observe human bullying of one another?*

C: They compare this to previous instances of their own civilizations, to better understand patterns, choices and consequences.

They do not observe Earth for bullying, however. This is only another aspect included in the visitor package tour. Alien ETs are observing Earth to watch general human action and reaction. The election show now on stage is galaxy theater beyond human understanding. The seats are filled to capacity, we can say.

*Q: Is Donald Trump a bully?*

C: No, his detractors are. The opposite is the image chosen portrayed.

*Q: We're not allowed to show anything but disdain for Trump, as you know...*

C: That recurrent, dominating theme in human media at the moment is a form, or platform or foundation upon which group bullying takes place. Censorship, masquerading as fact-checking or misinformation warnings, is censorship light.

This can develop into outright exclusion, which is a form of bullying in many instances. The censors know their acts tend to draw more attention to the target intended silenced. It would seem that such increased attention counters the intended repression.

The distress, disgust and dissent from targets, which emerge following the intent to censor, are what the bully censors want. They want to see their target squirm.

*Q: It's awfully hard to escape censorship when the same story or theme comes from several sources. This creates an image of consistency, thus truth. They can't all be lying, can they?*

C: We like your human "LOL" expression very much and think of it here. The greatest antidote to yellow journalism, jaundiced with slant, is bright full spectrum sunlight. Press competition. Where news consumers support competition, censorship becomes most difficult.

At the moment, the intent is to bully the president of the USA with an avalanche of shame accusations, insisting that denial and delusion are operating. This technique has proven effective and would influence the people saying it, were they the target of what they launch. Thus they do it now.

*Q: Can y'all forecast a day when human bullying will abate?*

C: No. This day can be far into the calendar ahead or this month. This is human choice and will.

*Q: Thank you, Esteemed Committee.*

C: Our honor, do return soon.