

Michael Newton



Dr. Newton was born in Los Angeles California in 1931 and became an author, hypnotherapist and doctor of counseling psychology, his first college education done at the University of Arizona. He founded The Newton Institute for Life Between Lives Hypnotherapy (TNI) and was its first leader from 2002-05. It began briefly as the Society for Spiritual Regression (SSR) then evolved into The Newton Institute. He passed away in California in late 2016.

He was a pioneer in uncovering mysteries about life after death through spiritual regression. He appeared on numerous radio and television shows and was an active public speaker, sharing discoveries and beliefs about immortal life in the spirit world.

Q: Did you believe in the afterlife before your pioneering life between lives work?

MN: No, I had only heard about it, for example Edgar Cayce at some point. The existence of life continuing after the death of a human body became steadily more obvious as more patients and subjects were counseled and studied. The knowledge emerged over time.

Q: When did you first begin to understand that there was life between lives?

MN: It was not a first beginning. It emerged over time, gradually.

Q: Did you meet a lot of resistance to your life between lives work?

MN: No, but disagreement was there. The resisters as you call them, would avoid the topic and me, so there wasn't much resistance. Think of a river which flows around the dam, avoiding resistance. Humans are skilled at avoiding what is disliked. If no purpose or reason overrides that, they do. I ran into the skeptical objection from time to time; everyone does.

*Q: Was it your spiritual contract to release your famous books *Journey of the Soul* and *Destiny of the Soul* to the public?*

MN: Yes, although the writing of the books and titles were more human and my decisions within the plan set, what you would call my spiritual contract. By the way, it isn't a spiritual contract, it's very much a human life contract. That it's signed and agreed with oneself as a spirit or soul does not lessen its human application and purpose. But yes, my goals included writing the books I did.

Q: Now you have left the physical plane, how accurate would you now say your books are?

MN: Accurate. What grading, classification and scoring scale for accuracy do you prefer? I am joking of course; the books correctly depict what they describe.

Q: Did the success of your books surprise you?

MN: Surprised and pleased me. The information and knowledge were expanding, bringing improvement to a greater or lesser degree to everyone exposed. Some more, some not as much but everyone getting ahead and better because of it. That pleased me very much.

Q: What were you here to teach?

MN: That physical life ends, only.

Q: What were you here to learn?

MN: That physical life is supremely valuable, and that humans must appreciate it more.

Q: What are you most proud of?

MN: There are too many things of which I am proud, I cannot rank them.

Q: Did you accomplish your mission?

MN: Wonderfully, that you have contacted me is evidence I did.

Q: What is the primary color of your soul?

MN: It changes as the days and nights do, especially because no days or nights apply! I am rarely red or black, often gold and violet, white is common and deep purple comes around also.

Q: Is there a message you would like to share with us?

MN: Yes; read the books!