

What Are Time & Energy?

26 January 2018

Reader questions and comments on the last entry offer up these questions. Before I start, here is a nice message from a fortune cookie I ate yesterday:

"Hardly anyone knows how much is gained by ignoring the future."

Q: *Esteemed Committee, what is time?*

C: For humans on Earth, it is the rotation of the planet and the visible light from your central star.

Q: *How can time be stopped?*

C: Close your eyes.

Q: *That only suspends it.*

C: Because you open your eyes again. Leave them closed and time will disappear until you open them again.

Q: *To leave our eyes closed for a good length of "time" means, sleep, coma or death.*

C: Yes, and time only returns to meaning and relevance when, or if, eyes are used again. It does not matter when they are closed, unused or not used anymore.

Q: *You have explained many times, to suspend time means to hover above Earth and watch it rotate below. To stop it means: no return to the surface.*

C: It is that simple.

Q: *Please give an example.*

C: Travelers across your galaxy. They depart from their home planet, where light reaches it from two stars, a binary pair about which several planets rotate. If time upon this sphere or globe is to be measured by angles of light, specifically the change, which star's light is used, or both? How is the cycle defined if there is no darkness? Humans might attempt to extrapolate the Earth system, modified to account for two stars and no darkness portion, but this does not mean such analysis is required.

During the journey from that planet to Earth, time might only be measured by reference to the planet of origin or destination, if chosen. There is no starlight angle change to measure; there is no time passage without reference to the origin, destination or other method.

The destination time reference is the same circumstance, reversed.

If the visitors aboard the arriving ship first hover near but do not orbit your sun, what time could it be for them? A human might travel in her or his own ship to meet them and display a timepiece from Earth, but it means nothing to these traveler visitors who have not been to Earth, and not measured the rate of Earth's rotation or revolution.

Your soul is not attached to any star or planet and has no physical body to be affected by light the way seen with eye organs, and which might affect the body proper.

Q: *How then can a soul time travel, or insert itself into a life incarnation several hundred years before of after a life in progress currently?*

C: It does not, that perspective is backwards. The lives and incarnations are simultaneous; their perception of arrangement along a time sequence only exists inside and within one specific life and from the point-of-view of the human side.

You might ask about a prior life but it only seems that way because you live inside the time illusion now. Can you open several paper files and place them around yourself in a circle? Yes, and if you wish, a rotating chair placed in the center of a circular desk or table with a hole in the middle, might allow you to view each file from left to right, or right to left as you choose to rotate. You might also read each file from

back to front, or the reverse if you prefer. You might also read each entry in any order your prefer, not chronologically.

This is how your soul arranges lives. Think of the space traveler between planets, where no reference to time exists because of the light of a star and its angle. Your soul does this precisely, and exists exactly, in such mode. There is one enormous difference; you do not possess a physical body and are not subject to the physical properties a body requires and provides.

Q: *What is energy?*

C: With or without atoms?

Q: *There's a difference?*

C: Of course, just like chili. Beans or not?

[Sidebar - most if not all Americans know this food however I understand cultural insularity and the American version. Chili is a popular ground beef stew in (sometimes spicy) tomato sauce. The debate rages endlessly about whether it should be made and/or served with beans, or not.]

Q: *Huh?*

C: You exist as humans in a body composed of atoms, as exist all physical things inside your physical perception ability. Your soul is not atomized.

Q: *Let's go with the atoms.*

C: Energy is the force which creates then motivates the components of atoms, at the subatomic level. A deep level, many stages or steps below, or more properly, inside the physical atom structure.

Q: *We humans like to think of energy as electricity, as one example.*

C: A good one; the bumping of electrons from one atom to another is the effect of this energy. The rupture of an atom, the spewing forth of its components, is called nuclear power or energy.

Q: *What is the force? What is the energy inside?*

C: This explanation requires a far longer entry to treat the subject properly and correctly, so we summarize that entry or session as you call it, with this, and please repeat this summary when beginning that one:

Energy is existence.

Q: *That's it?*

C: Yes, until again. Be well one and all, and do return.

[Sidebar N^o 2 - I am as eager to hear this as any of you! As soon as "time" and "energy" allow. Stand by, y'all....]