

# How To Stop Human Violence, Alien ET Style

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For readers of The Alien Handbook, it's no surprise I'm no ufologist or eager fan of alien ET encounters, meetings or interaction; I said as much in the book's postface:

"I do not care much for ET space ships or to see their home planets. I am not that interested in their uses of technology or joy rides at Warp 8. I am however, keenly interested in the ways the human race can apply new concepts on Earth, for things such as disease, pollution, peace, poverty and so forth. I realize I am in the minority and that a larger majority, if willing to invest beliefs..."

I'd like to see alien extraterrestrials show us how to stop human on human violence, since they will never intervene. Latin America would be a good place for us humans to begin, a region with 8% of Earth's population but one third of all murders. Let's ask The Committee to address this, and maybe get some alien ET input? I vote for Zebulon of the Canopus star system.

[Sidebar: Canopus is the second brightest star in the night sky after Sirius, located a little more than 300 light years from Earth. It's big enough to be about 90% the size of Mercury's orbit and is the brightest star in the Southern Hemisphere. We have no astrological information about her planets. Not yet, anyway.]

*Q: Esteemed Committee, am I incorrect to guess or assume, that y'all know what alien ETs can tell us about homicide or xenocide?*

C: You are correct.

*Q: If we ask Zebulon of Canopus to visit again, what could he add to the conversation that y'all could not?*

C: Specific examples, from his civilization.

*Q: Will those specific examples be meaningful to us?*

C: No, because the causes, motivations and methods of such intentional killings as they occur in alien ET civilizations, are very rare on Earth, as that combination occurs in the alien ET populations. We refer to the alien extraterrestrials who visit Earth, the one percenters, as you say.

*Q: Briefly, before we go on to human homicides, why is the combination of xenocide factors (xeno- from xenos = foreigner or alien in Greek, cidium = killing in Latin) among alien ETs, so rare among humans?*

C: Humans kill because of many reasons, almost always grouped into a few areas or descriptions; lust, greed, anger and power. Among alien extraterrestrial civilizations with interstellar travel ability, the cause is mental disease or distortion. This is rarely the case with humans, most often manifested in repeat or serial killers, an almost invisibly small fraction of human homicides.

*Q: Understood. Okay....turning to the topic of the day, how do humans avoid homicides?*

C: A key component is acknowledgement of two things not well recognized, if at all, among humans; one, that it is not possible to kill and two, the act harms the killer far more than his target.

*Q: Speaking of "his" target, given that there are many languages where the possessive pronoun is gender neutral, this brings up a side question of importance; why are almost all homicides committed by males and more than three quarters of victims also, are male?*

C: Human observance of male and female behavior already explains this, at least as well as we might attempt.

*Q: Even in societies where the homicide rate is very low, males dominate the perpetrators and victims.*

C: This is correct.

*Q: Why?*

C: Physical ability increases survivability, both for defense, protection and procurement of food. Your anthropologists have studied this well.

*Q: OK, here's a challenge nobody on Earth knows how to solve; more than 99% of us would never try to harm another person seriously, and despite our best efforts, we're stuck there.*

C: Stuck humans are not, that point-of-view is mentally lazy. The reasons the vast majority do not behave this way can be studied in great detail, and the one percent perpetrators who do, will have their motivations emerge most obviously.

*Q: What have aliens done to reduce violence as their societies developed, or are there one percenters - the alien ET civilizations which visit Earth - where violence was not a previous problem?*

C: All civilizations with interstellar travel capability have passed through periods of violence, where violence was necessary for survival in their environment.

What they have done is what we mention; study the factors which contribute to good behavior and emphasize them. The causes which lead to violence are not given attention.

Allow us a brief example of human behavior well studied by psychologists and psychiatrists; behavior which produces a reaction is repeated. Behavior ignored fades quickly and disappears. It does not matter if the reaction is positive or negative for its repetition to be reinforced; either will do it. Ignoring behavior is what causes it to disappear.

*Q: I cannot see human societies ignoring violent acts which severely injure or kill people.*

C: Not yet. There are two steps to follow; remove the violent perpetrators initially then give no reaction. Not in courts, not in the press or media and not personally. The perpetrator should never know or be told there exists awareness of his act. They even should not receive any public attention; the perpetrator simply disappears.

*Q: This won't work, because we'd accuse the authorities of removing the wrong person. Plus, how do we keep victim families quiet?*

C: Because incompetent and intentional wrongful prosecutions both have been done, which is another problem, separate from violence; incompetent or corrupt investigators.

There must be created a system where knowledge of the violent act is not broadcast to the populace at large, among which potential bad actors are located.

*Q: Repression of free speech, censorship?*

C: Never; this cannot be done. The suppression must be voluntary.

*Q: How can we teach one another to drive past the scene of a fatal wreck where the bodies of victims remain hanging out of the twisted, mangled cars?*

C: By example, and by positive reinforcement. You the motorist should look away and instruct your children to look away, and reward them for doing so if they successfully do this. Word will spread among youth that parents give valuable rewards for not paying attention to scenes of violence.

This has two immediate effects; the children will look for the violence as a means to secure the reward. This seems to undermine the objective, and it does in the short term. Over time, it plants the idea that looking towards scenes of violence is not good, looking away and focusing attention on other things deemed better, is in fact good.

This will draw attention to the causes of the bad thing; in the case of vehicles, careless, risky driving. In the case of intentional human against human violence, it occurs less and less because less among you learn by example.

Humans too easily look upon the unaffected as an excuse to hope nobody will be; how often have examples of lifelong cigarette smokers who avoided cancer been offered? Because most humans are exposed to scenes and knowledge of murder but most do not learn, attempt or carry out these acts means the attention placed upon the act is not considered as a factor.

*Q: Let's ask Zebulon of the Canopus solar system to speak to us about this; can you find him?*

C: Not necessary, he is aware already that you wish to speak with him.

*Q: Zebulon, can you tell us about violence in your civilization? How did it arise and how was it solved, under the assumption it has been?*

Z: It has been, thank you for asking and greetings once again to all on Earth who read my thoughts through these words. A pleasure and honor it is.

*Q: When I asked you to come around, really asking myself in the consciousness of my Guardian Angel Guides, were you here around Earth?*

Z: No, we were alerted by our guides, alerted by yours. We traveled back to communicate.

*Q: How was your civilization violent?*

Z: Much as humans have learned and taught this; to defend themselves, and ourselves, against lethal animal attacks. This led to hunting and the development of the behaviors which follow.

*Q: Human criminologists say murder happens because of power, lust, jealousy, anger and money. That nearly every incident fits into one of these categories.*

Z: Jealousy is a part of power, which is better called control. Lust is also the same. Control, anger and wealth. The last is also a part of control, so it can be accurately stated that control and anger are the causes.

*Q: How do we remove anger?*

Z: Make yourselves belong to one another. Do not deny the presence of your children, and the many among you who do or have, would deny this even as you know you have. This alone is not the complete answer, it is a starting point. Added to the process is example; violence causes suffering and distress and the perpetrator has learned to see this as revenge and therefore good. Revenge is taught, ladies and gentlemen. It is not innate to your species.

We cite as an example, canines. These animals do not seek active revenge against former attackers, whom they readily recognize.

Human religions preach forgiveness constantly, and there are many reasons for this.

*Q: I am intrigued by the statement from my Guardian Angel Guides, my GAGs or The Committee, who said study of the good will cause the factors of bad to emerge, can you explain this from your point-of-view?*

Z: Human behavior is complex, as is ours. In many ways, we can say human behavior is more complex than in our civilizations, because of the great diversity of cultures, traditions and behaviors humans still display. These will reduce as the Earth continues to shrink however to your question we say: the violence humans perpetrate results from absence of certain ingredients. The study of good ingredients emphasizes their absence, much as knowledge of food recipes will highlight effects and changes in the finished product, if one or several are omitted.

Humans study the perpetrator. This is not a solution, it is after-the-fact analysis.

*Q: How do we teach the positive?*

Z: Stop tuning in to the negative.

*Q: Voluntarily?*

Z: Of course, this is the only way. The moment anything is attempted suppressed puts emphasis on it, which brings it about and causes it to happen more.

Q: *How do we voluntarily get the media to stop broadcasting news of violence?*

Z: By asking them to stop. If enough humans do this, those among you who work in media or the press, will stop. You are your media, just as you are your governments. You create them as a group, and they do what you ask them to do.

Q: *We kill animals for food, sometimes for protection and other times just for the effect. How do we eliminate violence used for food?*

Z: Trap animals then suffocate them with lowered oxygen. They will simply fall asleep, as it will seem to you, although it is easier to pass out than to fall asleep. Any of you who has fainted, knows this.

Q: *I've often wondered why this isn't what Nazis should have done, or why it isn't used for capital punishment. It's foolproof.*

Z: The Nazi example, as is also criminal execution, are human desire for revenge, retribution or pain to be inflicted. Jews exterminated by the Nazi regime had to be put through suffering of some sort, in the minds of the killers. The slaughtering of animals for food could not begin with gaseous technology during this latest iteration of human civilization, and hunting itself is deemed a desirable pastime, practice and technique unto itself, a sport.

Q: *Latest iteration?*

Z: Lemuria and Atlantis before now, both developed technology and many things humans currently do not. Wedigress.

Q: *These techniques for eliminating violence seem so simple and effective, yet so impossible to achieve.*

Z: They are not.

Q: *Zebulon, thank you for coming. Esteemed Committee, to you also.*

Z: My pleasure.

C: Our honor, as always. Do return.